



Moscow Aikido Club
“Senkai” and
Ancient Russian Martial Arts
“Systema” Organization
announce a Joint Seminar

Aikido and
2-3 February 2013 **Systema**

Hiroshi Ikeda sensei
7th Dan Aikido Aikikai

Mikhail Vasilyevich Ryabko
“Systema” founder



Tentative Schedule:

2 February (Sat)

10.00 - 12.45 - Aikido
13.00 - 14.30 - Systema
15.00 - 17.45 - Aikido
18.00 - 20.00 - Systema

3 February (Sun)

10.00 - 12.45 - Aikido
13.00 - 15.00 - Systema
16.30 - 19.15 - Aikido
20.30 – Group Dinner

Dates: 2 - 3 February 2013

Place: Moscow, Olympic Village sports complex

Registration:

senkaidojo@gmail.com

www.senkai.ru

www.aikidoka.ru

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